

# Downtown Services

[www.DowntownShreveport.com](http://www.DowntownShreveport.com)

## Beauty and Day Spas

- **Bleu Beauty Med Spa and Laser Clinic**  
509 Market Street in the Standard Building. (985) 718-7417. Opening September 11, 2020.
- **LA Spa**  
451 Clyde Fant Parkway in the Eldorado Resort Casino. 318-220-5429. Closed temporarily.
- **Mid Day Skin Beauty Studio**  
624 Texas Street in the Lofts at 624, Suite 214. 318-344-7566.  
Dermaplaning, microdermabrasion, facials, waxing
- **Crown Spa and Beauty Bar at Remington**  
220 Travis Street in the Remington Hotel. 318-425-8684.  
Massage, hair care, makeup and more in a boutique hotel.
- **Vanity Parlor**  
624 Texas Street in the Lofts at 624, Suite 202. 318-658-2871.  
Eyelash extensions and microblading.
- **Cindy Everson Skincare**  
624 Texas St in the Lofts at 624, Suite 206. 318-465-1320  
All skincare needs including facials and corrective skincare sessions.

## Hair Stylists

- **I & L Beauty Lounge**  
610 Marshall Street, Suite 218
- **LA Spa**  
451 Clyde Fant Parkway in the Eldorado Resort Casino. 318-220-5429.
- **Shear's Barber Shop**  
612 Marshall Street. 318-424-4435
- **Shreve Towne Barber Shop**  
514 Crockett Street. 318-221-1546.  
Full service men and women's hair care. Shoe shine available.
- **Crown Spa and Beauty Bar at Remington**  
220 Travis Street in the Remington Hotel. 318-425-8684.  
Massage, hair care, makeup and more in a boutique hotel.
- **Tight Edge Barber Shop**  
106 Fannin Street. 318-670-2001.  
Full service men's hair care.
- **Setting the Standard Barbering Acedemy**  
711 Texas Street. 318-635-0070  
Barber shop, hair salon and specialty school.

## Health

- **Beauty Through Wellness**  
624 Texas Street, Suite 211. 318-246-4115  
Holistic health coaching, acupuncture.
- **Dr Chris Mott, DDS**  
631 Milam Street, Suite 101. 318-424-7113  
Full service dentist; cleanings, fillings, whitening and more.
- **Holistic Physios**  
624 Texas Street, Suite 210. 318-780-7373  
Holistic physical therapy, lymph drainage, visceral manipulation, Reiki master & energy medicine.

## **Urgent EMS**

201 Market Street. 318-299-6512

Concierge medical care including urgent care, disease management, mobile screenings and much more.

## **Fitness**

- **Ex Athletics**  
718 Crockett Street. 318-286-2297  
Fitness center designed to help those looking to improve their health and athletic performance.
- **Fitness Center at The Remington**  
220 Travis Street in the Remington Hotel. 318-425-8684.
- **Humm Yoga Studio**  
624 Texas Street, Suite 209. 318-655-5993  
Yoga and fitness classes ranging from a gentle stretch to a toning and sculpting workout.
- **LA Spa**  
451 Clyde Fant Parkway in the Eldorado Resort Casino. 318-220-5429.
- **YMCA**  
400 McNeil Street. 318-674-9622  
Pool, machines, classes of all types.

## **Library**

- **Shreve Memorial Library, Main Branch**  
424 Texas Street. 318-226-5897.

## **Photography**

- **J. Michael Photography**  
619 Market Street, Suite 310. 318-200-0889  
Portraits, fine art photography and The Creative boutique magazine.
- **Lasting Impression Portraits**  
450 Clyde Fant Parkway, Suite 900. 318-459-7413  
Portrait photography.
- **The Jhon Rose Photography Studio**  
619 Market Suite 325, Shreveport, LA 71101. 206- 650-7276  
Fine art and family portrait photography.

## **Other Personal Services**

- **Appli-K's**  
624 Texas Street, Suite 104. 318-562-3713  
Embroidery services to the Shreveport area for 12 years. In-store embroidery, vinyl, vinyl heat transfer, and logo digitizing. Also carries Happy Everything!, Viv & Lou and a variety of Louisiana, LSU gifts and other gifts.
- **On Time Fashion**  
621 Texas Street. 318-221-6674  
Family run men's clothing store since 1977. Featuring fabulous dinner jackets, suits and all accessories. In store alterations.
- **Lena's Shoe Gallery**  
501 Milam Street. 318-424-0272  
Stylish shoe store for both men and women.
- **World's Only Tattoo School**  
403 Lake Street. 318-303-6881  
State licensed tattoo school also offering tattoos, body piercing and more.

## **Urban Farmer's Market**

- **Cotton St. Farms:**  
406 Cotton Street, enter through the green door in the alley. 225-963-0956.  
Hydroponic farm featuring microgreens, herbs and salad ingredients grown on-site and also soil-grown vegetables from the family's other farm. Honey, homemade Ranch Dressing, meats, cheeses and fresh bread also available.